



Ref No : ICE/Admin/ICC/2021/10/4

Date : 10/2/2021

OFFICE ORDER

Subject : Formation of Student Counselling Cell/Committee

Counselling is a process that aims to facilitate personal well being of the students through support and guidance of trained counselors, for a healthy mind and body.

With the intent to address and help resolve emotional and psychological issues of the student community of INDUS, the college has initiated the "Counselling Cell" in the college premises with the help of a trained team of faculty members as Counselors.

The Counselling Cell encourages the students to understand themselves and the issues that trouble them and guides them to resolve their problems. These problems can be personal, emotional, social, family, peer, academic, sexual, etc. This is done through individual or group counselling to help them with academic goals, social and personality development, career goals, enhancing listening skills, empathy and interpersonal skills to have healthy relationships and a healthy lifestyle.

The role of the Counselor is to offer support through listening and responding in a confidential, non-judgemental and timely way, ensuring that the students become productive, well adjusted adults of tomorrow. They are trained to assess, diagnose and treat students struggling with academic stress, anxiety, depression, social addictions and other problems they face.

The goal of Counselling is to facilitate positive behaviour changes, improving the student's ability to establish and maintain relationships socially, promoting their decision making process, helping the student to understand their own potential and cope effectively with the problems they face.

Objectives

- To help the students in solving their personal, educational, social as well as psychological problems.
- To create awareness about issues and problems related to mental health of student
- To motivate faculty in counselling activities.

Roles and Responsibility

- Solve personal problems of student by conducting individual counselling session
- Boost self esteem of weaker /physically challenged students.
- Diagnose the learning difficulties of students and help them to overcome the same.
- Help the students to overcome examination stress or fear.
- Conduct training program on counselling skills for faculty & staff.

- Conduct seminars for students on mental health and addiction issues.
- Refer the students to professional psychiatrics or counsellors in severe cases.
- Inform the parents about psychological misbehaviour of the student.

Cell/Committee Members

Name of the Committee Member	Profession	Mobile Number	e-mail address
Dr R. Sujatha	Medical Officer	9437007090	ragoorsujatha@gmail.com
Mrs Padmaja Mohanty	Student Counselor	8081755533	padmajamohanty@gmail.com
Mr. Sangram K. Mohanty	Vice Principal	7894449365	sangrammohanty05@gmail.com
Ms. Ranu Nayak	Asst. Professor	7978849631	ranunayak8@gmail.com
Rajashree Parida	Asst. Professor	7008140770	rajashree.soma@gmail.com



Director
Indus College of Engineering
Khordha

Cc to:

1. All departmental notice boards
2. Website